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# **Guest Speakers**

### Nurse/NP

#### Dawn Tymianski NP

**Dawn Tymianski** is a senior Adult Nurse Practitioner who works with the Province of Ontario and the University Health Network in role of Neuroscience Consultant. Dawn holds a faculty position at the University of Toronto, volunteers on organizational Boards and is the Lead Nurse Practitioner for the UHN. Dawn has a Master's of Nursing degree and a PhD in organizational systems.

### Dietician

#### Denis Tsang, MSc, MAN, RD, CDE

**Denis Tsang** is a Clinical Dietician who devoted himself to primary care. He currently works at Carefirst Family Health Team and contributes his expertise in chronic disease management and quality improvement across the province of Ontario in different settings. He is the Data Analytics Lead of the Association of Primary Care Dietitians, the Lead of Association of Family Health Team of Ontario (AFHTO) Diabetes Community of Practice, the Co-Chair of the Ontario Primary Health Care Action Group Outcome Committee, and a committee member of the AFHTO D2D Indicators Working Group.

### **Physiotherapist**

#### Joanna Lau

Joanna has over 15 years of experience working as a physiotherapist in Toronto. She has worked in a variety of settings including hospital, long term care, community organization, government funded and private clinics. She graduated from the University of Toronto and is certified in acupuncture, MDT (Mechanical Diagnosis and Treatment) and a Bone Fit Instructor. She enjoys treating a variety of clients with different conditions from pain to helping them to regain their physical functions. She believes successful and effective treatment is built upon a trusting relationship between therapist and client. Her treatment style is a combination of manual therapy, use of pain relief agents like acupuncture and electromodalites, education and proper exercise prescription.

### Pharmacist

#### Kenny Chan B.Sc.Pharm

**Kenny** is a Pharmacist who graduated from University of Toronto in 2014. Prior to Pharmacy, Kenny attended St. Robert CHS and completed the I.B. program. After high school, he first attended University of Waterloo Science and Business Co-op before transferrinFg to UofT. His favourite sport is tennis and his favourite car is the Tesla Model S. He is a graduate of pharmacy class, UofT 2014, 2-3 years of work experience as a community pharmacist, current VP of Chinese Canadian Pharmacists' Association and past president of SOAPE (Students for Optimizing and Advocating Pharmacy Endeavours).

### **Kinesiologist**

#### Tim Wong, B.Sc. Kine. Registered Kinesiologist

Tim Wong is a registered kinesiologist from the College of Kinesiologists of Ontario and a Certified Exercise Physiologist from the Canadian Society for Exercise Physiology. He specialises in helping clients with health issues improve their quality of life through exercise programs and improving everyday habits. He is a firm believer that exercise is the best method to prevent and overcome health issues like cardiovascular disease, type 2 diabetes, stroke and others

# **Guest Speakers**

### **Social Worker**

**Raymond Chong** | Senior Social Worker M.S.W., R.S.W. | Carefirst Family Health Team

**Raymond** Chong is a Registered Social Worker since 2009. After obtaining his Honors Bachelor of Science degree, with a Double Major in Psychology and Sociology in addition to a Minor in Anthropology, Raymond pursued his Master of Social Work degree at University of Toronto, specializing in Gerontology. Raymond has worked in various community-based agencies, providing intensive case management and counselling services to people from all walks-of-life, including the marginalized populations, such as people with disabilities, **those with mental health concerns, immigrants and newcomers, and the frail and elderly.** 

Raymond is currently working as a Senior Social Worker with Carefirst Family Health Team, and is working towards the further implementation of collaborative, inter-disciplinary and integrated health care for patients with complex medical and psychosocial needs.

## **Family Physician**

#### Dr. Tao Wang, MD M.Eng

**Dr. Wang** is born in Taiwan and immigrated to Canada at the age of 11. He attended University of Toronto in the Engineering Science Program and received his Master degree in Engineering before attending Medical school at U of T. Since graduating from medical school, Dr. Wang has been a member of the Department of Family Medicine at St. Michael's Hospital. He is also deeply involved in the Cardiac Rehabilitation Program at St. Michael's Hospital as well as the Lead Physician of the Cardiac Rehabilitation Program at Trillium Health Partners.

## **Specialist**

### Dr. Chi-Ming Chow MD MSc FRCPC

**Dr**. Chi-Ming Chow is an attending staff cardiologist at St. Michael's Hospital. He is an associate professor in the Department of Medicine, University of Toronto. He has an undergraduate degree in computer science from Brown University, USA. He completed his Doctor of Medicine (1990) at McGill University (Montréal, Québec) and a Masters of Science in Epidemiology at McGill University (1997). He completed his training in Family Medicine, Internal Medicine and Cardiology at McGill University. He then pursued his clinical and research echocardiography fellowship at Massachusetts General Hospital, Harvard University before joining the Division of Cardiology at St. Michael's Hospital in 2001.

Currently, he is the president of the Canadian Society of Echo (CSE) and the president of the Chinese Canadian Medical Society (CCMS).

His academic interests include medical informatics and he has authored many popular medical education software programs (e.g. CardioMath, ECG Made Simple, iCCS for the Canadian Cardiovascular Society, iASE Guidelines App for the American Society of Echocardiography, CDA Clinical Practice Guidelines, iSVU Guidelines for the Society for Vascular Ultrasound, and Choosing Wisely Canada). These medical software programs are being used by healthcare professionals and students worldwide. His other current areas of research include ethnic differences in cardiovascular disease, investigating new technologies in non-invasive imaging and using medical informatics to improve patient care.